



UNIVERSITY OF MINNESOTA

CFANS

COLLEGE OF FOOD, AGRICULTURAL,
AND NATURAL RESOURCE SCIENCES

Student Organic Farm

A New Year

The Student Organic Farm (SOF) has returned for the second consecutive year! We are so excited to be back and look forward to sharing our organic produce with the UMN community.

The growing season is cruising along amidst the hot and dry weather. Farm interns and farm manager, Tori Dahl, have been busy planting, maintaining, and harvesting a variety of crops for market. Keep reading below to meet some of our student interns and see what new developments we have for the 2023 season!



Recent Highlights

The official start of summer is when all the work of field preparation, seeding, transplanting, and maintenance comes to fruition. We have been harvesting all of the best early season crops this past month including fresh lettuce greens, kale, chard, radishes, and turnips.

Despite the smell of wildfire smoke in the air, we have been enjoying the fresh scent of thyme, sage, cilantro, and basil as we prepare bunches for market. The mouth-watering strawberry season is also officially underway. For a limited time, snag our new special treat, sour cherries! See [Produce Sales](#) below for market information and produce availability near you!



Meet Your Student Farm Interns

Farm interns participate in all aspects of farm management including seeding, transplanting, weeding, mowing, watering, harvesting, and marketing. They also help develop the farm's presence on campus and throughout the community through social media, events, and farmer's markets.

The SOF is proud to have six student farm interns for the 2023 growing season. Our June and July newsletters will introduce you to our interns as they are the friendly faces you will see at our market stands and online produce pickup!



I'm Marty. I am currently a senior studying nutrition in the DPD track. After volunteering at the SOF last fall I knew I wanted to learn more about the process of farming from start to finish. I love food and spending time outside, so this felt like the perfect fit! Ultimately, I hope to use my education and this experience to work in community nutrition, finding ways to bring fresh nutritious foods to communities in need. Outside of work and school I enjoy cooking, hiking, camping, and dog parks with my dog, Kirby.

My name is Molly. I am an incoming senior at the University of Minnesota, Twin Cities, studying Environmental Science, Policy, and Management with minors in Corporate Environmental Management and Sustainability Studies. I am passionate about environmental equity, social justice, and research. I am excited about this internship because I am inspired to help our campus have more access to organic produce and public educational communication about sustainability and organic food.





Hello! My name is Tyme and I just finished my second year studying apparel design. I take a lot of inspiration from the natural world. My last design project created recycled dye from food waste (delis compost) by partnering with a local food co-op. On the farm, I am excited to plant indigo and hopefully use it to make dye in August.

Our Mission

Our mission is to supply safe, quality, organic food into the hands of our students, staff, and faculty members while using sustainable practices that utilize local resources, reflect natural ecosystems, and improve farmland quality.



- Dine at the Campus Club or see us at the stand? You might be eating our produce!
- Crops are grown near Plant Growth Facilities (PGF).
- **We grow produce specifically for the UMN community.**

Produce Sales

You can purchase and pickup our produce at three locations this year!

We are back at our market stand at the Meat and Dairy Salesroom in the **Andrew Boss Laboratory of Meat Science** building on Wednesdays, from 2 - 5 pm.

Starting July 12, we will be making our market debut at the East Bank Farmers Market on the Gateway Plaza outside of McNamara Alumni Center (Twin Cities Campus). The East Bank Farmers Market is every Wednesday, from 9:30 am - 1 pm.

Our online website for produce sales is up and running again! Go to **UMN-Store 50F** by Wednesday, 12 pm to place orders for the following Thursday pickup. Login with your UMN account and pay by credit card. Orders are available for pickup at the farm, on the corner of Field Road and Dudley Avenue on the Saint Paul Campus on Thursdays, from 2 - 4:15 pm.

Volunteer Days

Interested in cultivating a new skill? Love gardening and spending time among plants?

Volunteers are welcome to join us for field maintenance and harvesting!



Volunteer Days are held on Tuesdays, from 3 - 5 pm.

Volunteers are also welcome most Monday and Friday mornings from 9:30 am - 12 pm throughout the growing season. Please contact umsot@umn.edu for scheduling.

Donate

Can't volunteer but still want to support the farm? You can donate! Proceeds from produce sales help pay for supplies and seasonal interns, but we could still use your help to ensure operations and full-time staffing can continue in the future. Any monetary donation is greatly appreciated! Thank you!

Student Organic Farm Fund

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